Chain Analysis Diagram with Solutions Worksheet (j.mader.lmft@gmail.com)

Vulnerability Factors/Motivative Antecedents

Solution behaviors/skills:

Problem Behavior/Target Behavior

Solution behaviors/skills:

Consequences, Positive or Negative Reinforcers, Positive or Negative Punishers

Solution behaviors/skills:

Precipitating or Prompting Event/Discriminative Antecedent

Solution behaviors/skills:

Links of Thoughts, Feelings, Sensations, Urges and Events

Solution behaviors/skills: